

MANDY SMITH

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EMPLOYMENT HISTORY

THERAPIST/PRIVATE PRACTICE **SEPTEMBER 2016– PRESENT**
405 Allegheny Avenue **Towson, Maryland**
and

GLADSTONE PSYCHIATRY AND WELLNESS **SEPTEMBER 2016– PRESENT**
1501 Sulgrave Avenue **Baltimore, Maryland**

For both the group and private practice: Provide individual and group therapy to adults utilizing various techniques including cognitive-behavioral, Internal Family Systems, mindfulness and EMDR. Focus on individuals with stress and anxiety, addiction, life transitions, grief, loss and trauma. Collaborates with primary care and mental health professionals to support maximum health benefits.

Addictions Manager, Chase Brexton Health Care **May 2013 – September 2016**
1111 North Charles Street Baltimore,

Provide clinical and operational oversight for the Intensive Outpatient (IOP), Traditional Outpatient (TOP), and DUI Education Programs. Direct services include: addictions screening and referral, initial intake evaluation, individual and group therapy, and participation in emergency on-call rotation. Assessment for appropriateness of medication assisted treatment (ie: buprenorphine, Vivitrol, etc...) and maintenance and/or referral to higher levels of care as indicated. Responsible for creating MAT Policy and Procedure as well as coordinating care with medical providers, case management and pharmacy.

PROGRAM DIRECTOR, SECOND GENESIS, INC. **MARCH 2011 – MARCH 2013**
Anne Arundel Crownsville Facility **Crownsville Maryland**

Responsible for daily operations and clinical activities for two co-occurring gender specific programs at a highly structured adult residential addictions and mental health treatment facility. Ensured compliance with all contractual, regulatory and accreditation standards to include the ADAA, COMAR and CARF. Oversaw personnel management including hiring of staff, supervision according to guidelines, coordinating, orientation and training, facilitating recruitment and retention, following progressive discipline guidelines. Responsible for Performance Improvement, Risk Management and Policy and Procedures re: standards of patient care as well as data collection for strategic planning.

PROGRAM DIRECTOR, SPECTRUM HEALTH SYSTEMS, INC. **JUNE 2009 – MARCH 2011**
Carroll County Long Term Treatment Facility **Sykesville Maryland**

Responsible for the day-to-day operations, clinical activities and the fiscal management of a 6-9 month, 48 bed, CARF accredited inpatient adult residential addictions treatment facility. Supervised all programmatic activities to include management of census, revenue, expenses, and adhering to budgeted guidelines. Developed and implemented marketing plan generating donations and income to supplement and offset budget costs. Partnered with local government and private agencies to coordinate necessary services for clients including medical support, employment and educational services and mental health counseling.

CLINICAL MANAGER**OCT 2006 – JUNE 2009*****Contemporary Therapeutic Services, Inc.******Baltimore Maryland***

Charged with the task of opening and growing the fifth branch of an Outpatient Mental Health Clinic in Baltimore City that served over 250 clients with mental health illness. Responsible for recruiting, interviewing, hiring and training clinicians to complete in-depth intake assessments and provide ongoing therapy for mental health issues. Oversaw all time sensitive operations in clinic such as: intakes, billing, and treatment plans. Coordinated and implemented monthly CEU and support training for therapists. Completed and audited charts for COA and COMAR compliance. Served on Baltimore's Community Development Crisis Policing (CDCP) program, working with Baltimore City Police in offering intervention and support to victims of crimes and abuse. Served as a Team Decision Making (TDM) member for the reunification of families through Child Protective Services.

YOUTH, FAMILY AND COMMUNITY SPECIALIST**OCTOBER 1989 – APRIL 2006*****City of Rockville, Department of Community Services******Rockville Maryland***

Established an accomplishment-driven career highlighted by increasingly responsible tasks and positions. Held progressively more responsible positions over a 16 year period. Conducted psycho-social assessments, intakes and counseling to individuals and families. Provided technical assistance for and liaison to schools, community-based groups, county and state organizations. Implemented new programs such as the American Lung Association's "Freedom from Smoking," The City Wide Mentoring Program and Teen Parenting Program, Volunteer Income Tax Assistance (VITA), Annual Holiday Drives to include family and business partnerships. Designed new programs using needs assessment, evidence based practices, strategic plans of action, program outcomes and evaluations. Planned and lead organizational trainings and workshops in the Myers-Briggs Type Indicator, training entire staff at the City of Rockville as part of a total quality management program.

EDUCATION + LICENSES***LICENSED CLINICAL PROFESSIONAL COUNSELOR******OCTOBER 2004******State of Maryland******License #19090******MASTER OF ARTS IN PSYCHOLOGY COUNSELING******JUNE 2001******Bowie State University******Bowie Maryland******BACHELOR OF ARTS IN PHILOSOPHY******JUNE 1989******University of Maryland College Park Maryland*****SKILLS + CERTIFICATIONS**

- * ***Certificate in Ketamine Assisted Psychotherapy (KAP) & Internal Family Systems (IFS) through the Ketamine Training Center***
- * ***Certificate in Ketamine Assisted Psychotherapy (KAP) through PRATI***
- * ***Approved BOPCT to supervise: LGPC, LGADC, CAC-AD, CSC-AD, AD-TRAINEE***
- * ***Certified EMDR Practitioner (60 hours)***
- * ***Certified Myers Briggs Type Indicator Facilitator***
- * ***Contracted with Shady Grove Adventist Hospital to facilitate Smoking Cessation, Mind/Body Skills and Stress Reduction training series***