



COLUMBIA TREATMENT CENTER

Columbia Addictions Center, LLC DBA

Columbia Treatment Center

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Pain Management Support

Pain does not have to define you. There are complementary (works alongside your pain medication) and alternative approaches (treatment without medication) to pain management.

- Are you becoming more reliant on your medication than you wish?
- Do others express concern about possible misuse or abuse of your medications?
- Do you just want to feel better?
- Are you curious about other treatments for your pain?
- Is your anxiety, depression, or isolation becoming too much?
- Do family members and loved ones not understand the magnitude of your pain?
- Are you on medications that should not be mixed with alcohol, but are struggling to quit drinking?
- Does your physician have concerns about adverse effects, tolerance, addiction, or misuse of your pain medications?

Our unique services

Substance Abuse Evaluations: Our Master's level therapists conduct a comprehensive evaluation to determine misuse risk, the potential for abuse, or dependence concerns. Protocol can help determine misuse risk that begins with a comprehensive evaluation. Recommendations are individualized for each person.

Recovery Support: We treat addiction to pain medication in a nurturing environment and teach tools of recovery. Clients attend weekly individual or group sessions. Sobriety is monitored with regular urinalysis.

Pain Recovery Support Group: Thursdays, from 12:00 – 1:00 pm, our highly trained counselors use various therapeutic approaches to help our clients achieve mental well-being. Through counseling, we help clients manage anxiety and depression, which can often accompany pain; your thoughts, feelings and emotional state impact how you experience pain.

Complementary & Alternative Therapy: Although your pain may never entirely leave you, it *is* possible to reduce your pain level with the help of non-pharmaceutical approaches. We can assess your situation and recommend community providers and resources.

Marijuana Education Program (Operation Impact)

With the changing landscape of today's marijuana, accurate information is needed now more than ever. Go to: <https://www.columbia-treatment.com/operation-impact/> to learn more.