

## **Ashley-Nicole Neal Sullivan, LCSW**

[ashleynicole.ctc@gmail.com](mailto:ashleynicole.ctc@gmail.com)

Virginia LCSW License #0904008153  
Maryland LCSW-C License #26412

### **Professional Work Experience**

Prince William Community Services Board  
Various Positions, *Detailed Below*

Prince William County, Virginia  
August 2009 - November 2019

### **Access Therapist II**

April 2017 - November 2019

- Completed comprehensive mental health and substance abuse assessments for scheduled and walk-in clients
- Identified the appropriate level of care, determined diagnosis, created an initial treatment plan, assigned a treatment team, and coordinated first appointments for clients
- Provided linkage to resources and providers in the community on behalf of clients
- Routinely conducted evaluations for judicial systems and submitted written findings and recommendations to the appropriate court and provided testimony
- Collaborated with other community agencies and stakeholders, including correctional systems, local and state hospitals, local and state probation and parole offices, judicial systems, and the Virginia Alcohol Safety Action Program to coordinate service delivery
- Conducted hospital discharge assessments for clients and reviewed current risk, linked to needed services, and planned with clients to prevent future hospitalizations, minimize future escalation of mental health symptoms and minimize the risk of relapse of substance use
- Maintained written records and treatment plans in compliance with HIPAA and Reg 42 CFR part 2
- Routinely conducted urinalysis and oral alcohol screenings
- Engaged in initial short-term case management activities, crisis intervention, and psychotherapy services for clients before program/team assignment
- Coordinated with psychiatric and medical staff to develop medication management plans to stabilize acute needs and symptoms of clients

### **Emergency Services Therapist II**

May 2010 - November 2017

- Responded to emergency, on-call crisis intervention service requests in the community around the clock and during office hours
- Collaborated with police and other law enforcement agencies in response to and in management of immediate high-risk and ongoing crises
- Identified and implemented risk management plans for clients, including determining the potential need for hospitalization or higher level of care
- Provided short-term crisis intervention counseling, individual, family, and couples counseling as appropriate
- Engaged in regular outreach activities with other service providers on behalf of clients
- Regularly served as Community Services Board representative in multiple court proceedings, including commitment hearings
- Coordinated initial scheduling, training, and supervision of new clinical staff members
- Trained and supervised graduate internship and practicum students
- Initiated and facilitated a formal training protocol for new clinical hires and provided supervision during Virginia pre-screening certification and licensure process
- Conducted and submitted written results of clinical evaluations as requested by judicial systems, schools, and hospitals, and other community stakeholders

## **School & Clinic Based Therapist II**

August 2009- August 2011

- Conducted assessments, made diagnoses, created treatment plans, and provided treatment including individual and group therapy for clients in school and community clinic-based settings
- Assessed clients for risk and developed risk management plans and provided crisis intervention services
- Facilitated ongoing group treatment for adolescents meeting criteria for substance use disorders, struggling with anger management, trauma, co-occurring disorders, and other related presenting problems
- Completed and wrote clinical evaluations as requested for judicial systems, residential rehabilitation programs, Department of Social Services, etc. as necessary
- Provided intensive case management services to children and families seeking funding for services through the Virginia Comprehensive Services Act (CSA), including residential treatment, intensive in-home, and therapeutic day treatment services

## **Education**

Master of Social Work, Clinical Social Work, Virginia Commonwealth University  
Bachelor of Arts in Psychology, Magna Cum Laude, Hollins University

Richmond, Virginia  
Roanoke, Virginia

## **Specialized Training**

- Clinical Supervision (Eligible to supervise both LPC and LCSW candidates in Virginia, pending in Maryland)
- American Society of Addiction Medicine (ASAM) Placement Criteria
- DLA-20 Adult & Youth Assessment
- Collaborative Assessment and Management of Suicide (CAMS) Framework/Approach
- Motivational Interviewing
- Trauma-Focused Cognitive Behavioral Therapy
- Stages of Change Group Treatment
- Psychological First Aid (Trainer)
- Prolonged Exposure Therapy
- Military Mental Health
- Recognizing and Responding to Suicide Risk
- Seeking Safety (Trauma-Informed Group Treatment for Substance Abuse)
- Working with LGBTQ+ And Sexual Minority Populations