

HOW TO CONNECT A STEP BY STEP GUIDE

BEFORE YOUR SESSION:

1. ENSURE YOU HAVE A CAMERA AND MIC

In advance of your first visit, make sure your laptop or tablet has a camera and mic, and that they are turned on and working.

2. ADD THE FREE ZOOM EXTENSION TO CHROME OR DOWNLOAD THE TABLET APP.

3. ONCE YOU DOWNLOAD ZOOM, FOLLOW THE INSTRUCTIONS TO SET UP AN ACCOUNT.

AT YOU APPOINTMENT TIME:

4. SELECT JOIN

5. PUT IN THE MEETING ID YOU HAVE BEEN PROVIDED, THEN HIT 'JOIN'.

6. YOUR COUNSELOR WILL BE ON THE SCREEN OR THE SCREEN WILL SAY 'WAITING ROOM' AND YOUR COUNSELOR WILL BE THERE SHORTLY. (YOU WILL HEAR A DOORBELL WHEN THEY JOIN)